

What is oral mucositis and how can MuGard® Oral Mucoadhesive help manage it?

Indication and Important Safety Information

Indication: MuGard® Oral Mucoadhesive is indicated for the management of oral mucositis/stomatitis (that may be caused by radiotherapy and/or chemotherapy) and all types of oral wounds (mouth sores and injuries), including aphthous ulcers/canker sores and traumatic ulcers, such as those caused by oral surgery or ill-fitting dentures or braces.

Contraindications: *MuGard* is contraindicated in patients with known hypersensitivity to any of the ingredients in the formulation.

Please see Important Safety Information on page 9 and accompanying full Prescribing Information, also available at MuGard.com.





MuGard® Oral Mucoadhesive helps manage oral mucositis

This brochure provides important information about *MuGard* and oral mucositis (OM) as well as how OM may affect you. The good news is that your doctor has prescribed *MuGard* to help manage the mouth and throat soreness of OM.

Am I at risk for oral mucositis?

If you are being treated for cancer, you will likely be getting chemotherapy or radiation therapy or both. With some cancer therapies, you may get oral mucositis, a common side effect.

What is oral mucositis?

Oral mucositis is characterized by painful sores inside the mouth. These sores can look like burns or ulcers and vary in severity. With oral mucositis, the mouth, gums, cheeks, tongue, lips, and throat become swollen and red, often with soreness or pain.

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What does oral mucositis (OM) feel like?

Patients describe OM as a feeling of burning inside the mouth on the gums, cheeks, tongue, lips, and throat. With this discomfort, patients may have trouble eating, swallowing, and talking. Patients have reported that OM was one of the most significant side effects of their cancer treatments.

Common symptoms of oral mucositis include:

Mouth and
throat soreness
(often with redness)

Burning
feeling in
mouth
and throat





Ulcers on
mouth, gums,
cheeks, tongue,
lips, and throat

Discomfort
when eating,
swallowing,
or talking

What does oral mucositis look like?

Oral mucositis can cause sores inside the mouth on the gums, cheeks, tongue, lips, and throat. These sores can look like burns and vary in severity. Below are images showing the severity of sores (measured from grade 0-4) on the World Health Organization (WHO) Oral Toxicity Scale.

WHO oral toxicity scale

Grade 0	Grade 1	Grade 2	Grade 3	Grade 4
None				
	Soreness, redness	Redness, ulcers Can eat solid food	Ulcers, extensive redness Can eat liquids only	OM so severe that eating or drinking is not possible

MuGard® Oral Mucoadhesive provides effective management of oral mucositis

How does *MuGard* work?

When you use *MuGard*, it helps you manage your symptoms of oral mucositis. *MuGard* coats the lining of your mouth with a soothing, protective layer that helps manage the mouth and throat soreness caused by oral mucositis.

MuGard has been tested in a clinical trial. In the trial, *MuGard* reduced the mouth and throat soreness of oral mucositis in patients who were being treated with chemotherapy and radiation therapy.

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How do I get MuGard® Oral Mucoadhesive?

MuGard is available by prescription only. You can obtain *MuGard* from:

- Soleva Assist will work to provide *MuGard* directly to your home by mail order or through a specialty pharmacy.

The Co-pay Assistance Program* may be available if your commercial insurance covers *MuGard*.

- Eligible patients may pay as little as \$60 for *MuGard*.[†]

A Patient Assistance Program may be available if you don't have commercial insurance coverage. It may also be available if your insurance does not cover *MuGard*.[‡]

- *MuGard* may be provided at no charge to patients who meet financial and other criteria.

For more information and complete program rules, contact Soleva Assist toll-free at 866-900-5634.

* Restrictions apply. For complete program rules, please contact Soleva Assist toll-free at 866-900-5634. Offer is valid for prescriptions that are not reimbursed under a federal or state healthcare program, including Medicare, Medicaid, or any other similar federal or state healthcare program, including any state pharmacy assistance program. Patients must be at least 18 years of age and have a qualifying diagnosis. Offer may not be combined with any other rebate, coupon, free trial, or similar offers. Offer is void in any state where prohibited by law, taxed, or otherwise restricted.

[†] Offer is good for up to 3 prescriptions of *MuGard* per co-pay assistance card (up to six 8-oz bottles per prescription). For each prescription, patients pay the first \$60, and Soleva Pharma pays up to \$600 of the remaining co-pay or coinsurance. Patients are responsible for any remaining co-pay balance above \$660.

[‡] Restrictions apply. Patients must be at least 18 years of age. They must be residents of the United States. They may not have any private or public health insurance coverage for *MuGard*. They also must meet income requirements. Medicare patients with no supplemental insurance coverage for *MuGard* may be eligible.

When should I get my *MuGard*?

Talk to your doctor to obtain a prescription for *MuGard* before your cancer therapy begins. You can start using *MuGard* as early as the first day of therapy and throughout your course of treatment, or as your doctor directs.

Are there any side effects with *MuGard*?

In a clinical trial, no significant side effects were reported in patients taking *MuGard*. Also, when *MuGard* is used with other medicines, there are no known side effects.

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How do I use MuGard® Oral Mucoadhesive?

MuGard comes ready to use—no mixing or diluting is recommended or required.

- Gently pour 5 mL of *MuGard* in your mouth. Use the measuring cup included. Be sure to coat your entire mouth with *MuGard*.
 - You can use up to 10 mL if needed to coat the inside of your mouth fully.
- Swish *MuGard* in your mouth for a minute or longer, if you can.
 - You may find that swishing is too difficult or painful. If so, try spreading *MuGard* throughout your mouth by gently rotating your head.
- After rinsing, you can either spit out *MuGard* or swallow it.
- Rinse with *MuGard* 4 to 6 times daily.
- After using *MuGard*, wait at least 1 hour before eating or drinking.

What else should I know when using *MuGard*?

Be sure to follow these precautions when using *MuGard*:

- Avoid eating or drinking for at least 1 hour after rinsing with *MuGard*.
- After using *MuGard*, replace the bottle cap and tightly seal the bottle.
- Do not use *MuGard* after the expiration date shown on the carton and product label.
- Do not use *MuGard* if you are allergic or sensitive to any of its ingredients.
- Use *MuGard* as directed. Do not dilute or mix *MuGard* with water.

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Special Precautions for Use: Avoid eating or drinking for at least one hour after rinsing with *MuGard*. After use, replace the bottle cap and tightly seal the bottle. Do not use this product after the expiration date shown on the carton and product label. Do not use *MuGard* if you are allergic to any of its ingredients. Dilution of the product prior to use is not recommended.

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In addition to using MuGard® Oral Mucoadhesive, what can I do to help manage oral mucositis?

Good oral hygiene is crucial in managing oral mucositis. Try to clean your mouth every 4 hours and at bedtime. You can do this more often if your discomfort worsens. Also, rinse your mouth with plain water or a mild rinse (for example, salt water) to remove loose pieces of food and help keep your mouth moist.

Drink plenty of liquids. Eat soft, bland foods, and avoid foods that can irritate your mouth. These include foods that are hot, spicy, or coarse. They also include fruits and juices that are acidic (for example, orange juice) and alcohol.

Be sure to discuss ways to help manage oral mucositis with your doctor.

Tips for managing oral mucositis

Good oral hygiene is essential

- To keep your teeth and gums clean, use a soft toothbrush and dental floss regularly
- Brush your teeth gently with toothpaste that has a mild flavor
- Replace your toothbrush often
- Use lubricating jelly that is water-soluble (can be dissolved in water) to help keep your mouth moist
- If you wear dentures, clean them daily

Watch what you eat and drink

- Eat bland, soft foods
- Increase the amount of liquids you drink. Be sure to wait at least 1 hour after rinsing with *MuGard*
- Drink with a straw to help avoid any sores on your tongue
- Avoid foods that are acidic, spicy, coarse, extremely hot, or extremely cold
- Do not consume alcohol
- Do not use tobacco products

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